Questions for Your First Visit with a Vocational Rehabilitation Counselor (Youth Version)

Name of Youth or Young Adult:

Disability of Youth or Young Adult:

Name of Vocational Rehabilitation Counselor:

1. What services can you provide for me?

2. What is the application process?

Questions to ask your Vocational Rehabilitation (VR) Counselor:

3. What information do you need from me to complete it?

Date of Birth:

4. What are the eligibility requirements?
5. When will I know if I'm eligible?
6. How will I know if I'm eligible for services?
7. How many times will I need to meet with the VR Counselor?
8. How will we meet?
9. By what date can you provide these services?
10. Do you have experience working with my disability?
11. What do you need from me?
12. Are there any other services/supports/organizations that might help that I should
consider?
13. What if I am not seeing progress or I'm not happy with the outcomes?

14. What protections are available for me?
15. If I have further questions, who should I contact?
Name:
Phone:
Email:
Any other additional information provided:
This document was created by the Independent Futures that Work! project to assist youth with disabilities in accessing vocational rehabilitation services through the knowledge of the appropriate questions to ask in an initial meeting with a vocational rehabilitation counselor.
The contents of this tip sheet were developed under grant number H235F00011 from the U.S.
Department of Education. However, those contents do not necessarily represent the policy of the U.S.
Department of Education, and you should not assume endorsement by the Federal Government.



Independent Futures that Work!
A project of the Alabama Parent Education Center
PO Box 118, Wetumpka, AL 36092
334-567-2252 or 866-532-7660
https://independentfuturesthatwork.com

