

## Questions for Your First Visit with a Vocational Rehabilitation Counselor (Family Version)

Name of Youth or Young Adult: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Disability of Youth or Young Adult: \_\_\_\_\_

Name of Vocational Rehabilitation Counselor: \_\_\_\_\_

### Questions to ask your Vocational Rehabilitation (VR) Counselor:

1. What services can you provide for my youth or young adult? \_\_\_\_\_

\_\_\_\_\_

2. What is the application process? \_\_\_\_\_

\_\_\_\_\_

3. What information do you need from us to complete an application? \_\_\_\_\_

\_\_\_\_\_

4. What are the eligibility requirements? \_\_\_\_\_

\_\_\_\_\_

5. What is the timeframe for eligibility to be determined? \_\_\_\_\_

6. How will we know if my youth or young adult is eligible for services? \_\_\_\_\_

\_\_\_\_\_

7. How many times will we need to meet with the VR Counselor? \_\_\_\_\_

\_\_\_\_\_

8. By what date can you provide these services? \_\_\_\_\_

9. Do you have experience working with my youth or young adult's particular disability? \_\_\_\_\_

10. What do you need from us as a family? \_\_\_\_\_

\_\_\_\_\_

11. Are there any other services/supports/organizations that might help that our family should consider? \_\_\_\_\_

\_\_\_\_\_

12. What if we aren't seeing progress or aren't happy with the outcomes? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

13. What procedural safeguards are available for us? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

14. If we have further questions, who should we contact?

Name: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

Email: \_\_\_\_\_

Any other additional information provided:

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This document was created by the Independent Futures that Work! project to assist families of youth with disabilities to access vocational rehabilitation services through the knowledge of the appropriate questions to ask in an initial meeting with a vocational rehabilitation counselor.



Independent Futures that Work!  
A project of the Alabama Parent Education Center in  
conjunction with Arkansas, Louisiana, Mississippi, Oklahoma,  
and Texas Parent Training and Information Centers  
<https://www.independentfuturesthatwork.com/>

